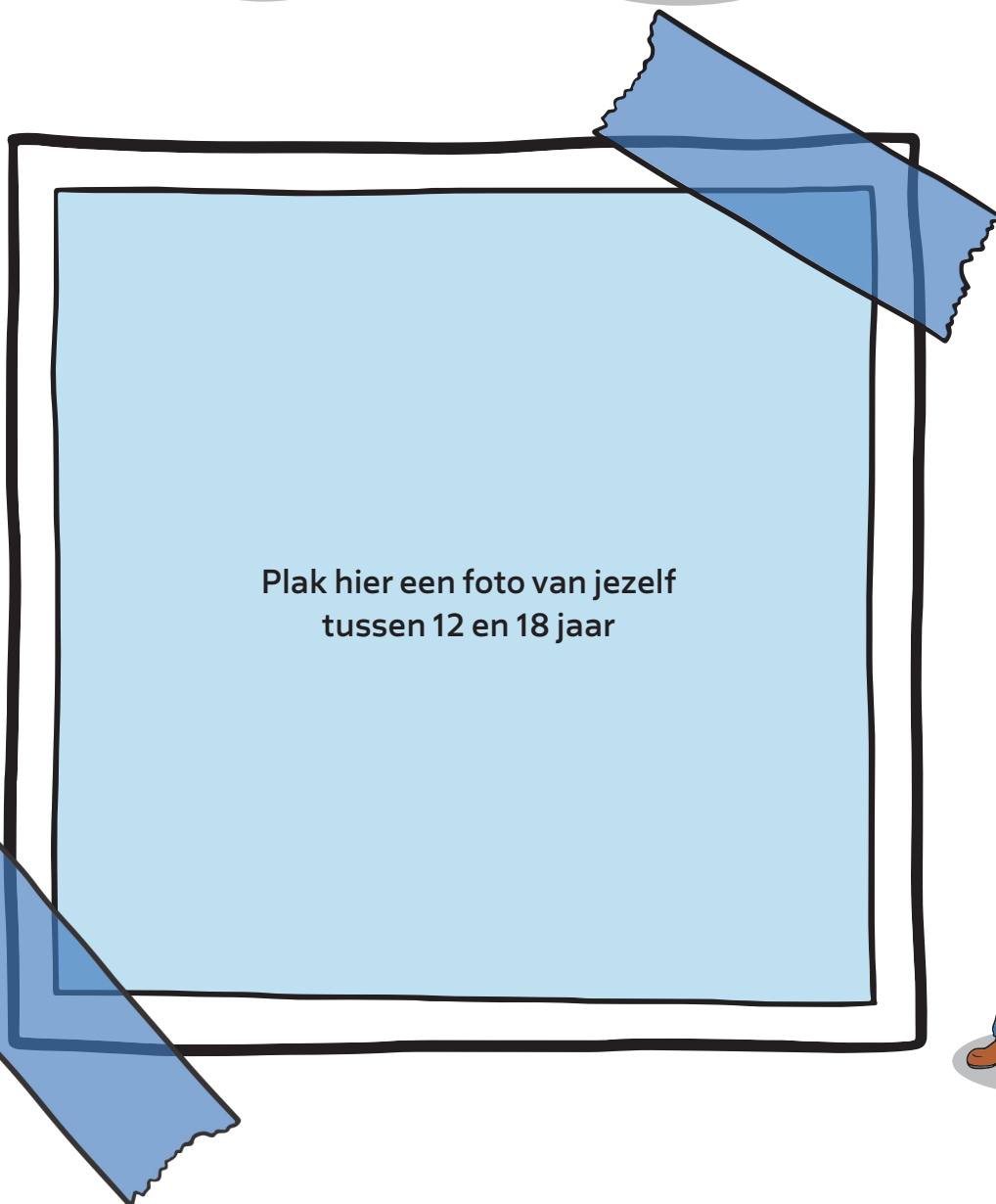
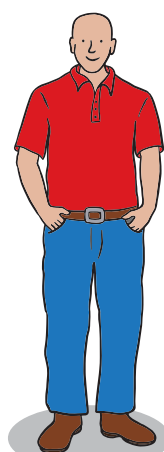
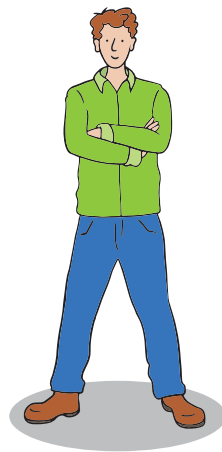
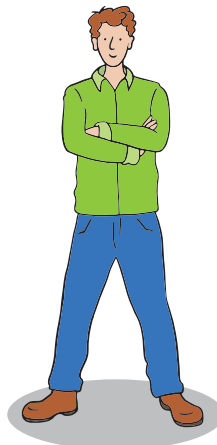
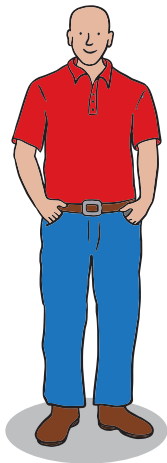
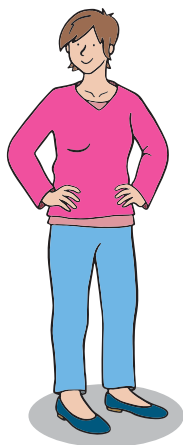
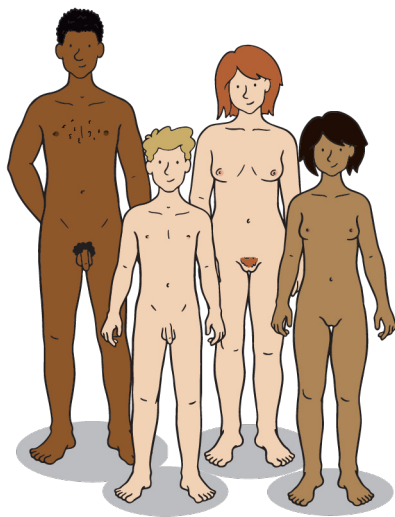
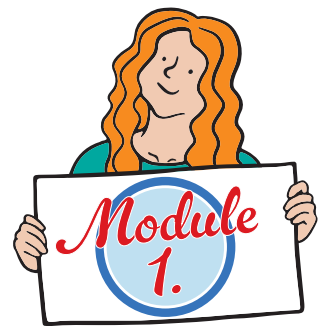






DE PUBERTEIT van 12 tot 18



Wat verandert er aan jouw lichaam nu je in de puberteit bent? _____

Hoe vind je dit? _____

Met wie ga je nu om? _____

Waar woon je nu? En met wie? _____

Welke belangrijke dingen zijn er te vertellen over jouw puberteit?

Bijvoorbeeld: Heb je puistjes? Draag je een beugel? Ben je wel eens verliefd geweest?
